Basic rules of dress for job interviews
By Sarah Auerbach

Dress conservatively and comfortably. Your clothes should fit well and be non-constricting. Here are the guidelines for conservative interview dress:

**Conservative dress for men**
- Dark gray or navy blue wool suit
- Long-sleeved all-cotton shirt
- Silky necktie (no outrageous prints)
- Plain, dark tie or slip-on shoes
- High, dark socks that won't slide down
- No jewelry, except for cufflinks and a wedding band

**Conservative dress for women**
- A suit or dress in a natural fabric
- No tight or revealing clothes
- Knee-length or longer skirts
- Long-sleeved shirts
- A scarf, if desired
- Little jewelry
- A briefcase or purse (but not both)
- Closed-toe pumps

**Personal hygiene**
Regardless of what you wear, you should follow some rules about personal hygiene. We probably don't have to remind you of this, but you should shower and wear deodorant. Don't wear perfume or cologne unless you're willing to risk giving your interviewer an allergic attack. Women should wear only a little makeup. Have clean, well-manicured hands. Avoid pale-blue nail polish.